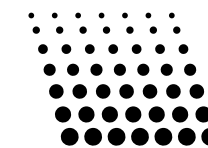


Outbound Learning

Experience. Evolve. Excel.



www.siegergroups.com

ABOUT US

India's Leading Outbound Training & Team Building Experts

At Sieger Group, we create transformational learning experiences through outbound training, leadership development, and team-building programs across India and beyond.

Our experiential programs are designed to strengthen collaboration, leadership, communication, trust, and performance through engaging challenges and immersive activities.

From corporate offsites and adventure retreats to virtual and hybrid workshops, we deliver high-impact learning experiences tailored to organizational goals.

With expert facilitators, innovative activities, and a results-driven approach, we help teams discover potential, build stronger connections, and achieve excellence together.



INDICATIVE CLIENTS





LEARNING ACTIVITIES



GLASS WALK

Break Fear. Build Confidence

The Glass Walk Challenge is a powerful confidence-building activity where participants walk barefoot across a path of broken glass under expert guidance and safety supervision. The experience is designed to help individuals overcome fear, self-doubt, and mental barriers through focus, belief, and controlled action.

The activity highlights the power of mindset, self motivation, courage, and emotional control while demonstrating how confidence and determination can help individuals move beyond perceived limitations. It creates a strong sense of achievement, resilience, and personal empowerment.

Key Outcomes

- Self Confidence & Courage
- Fear Management
- Self Motivation & Mental Strength
- Focus & Emotional Control
- Resilience & Determination
- Positive Mindset & Empowerment



FIRE WALK

Step Beyond Fear

The Fire Walk Challenge is a transformational experiential activity where participants walk across a bed of burning embers under expert guidance and controlled safety conditions. The activity is designed to help individuals overcome fear, self-doubt, and mental limitations through belief, focus, and courageous action.

The experience highlights the power of self motivation, confidence, resilience, and mindset while demonstrating how determination and emotional control can help individuals achieve what once seemed impossible. It creates a lasting sense of empowerment, achievement, and inner strength.

Key Outcomes

- Self Confidence & Courage
- Fear Management
- Self Motivation & Mental Strength
- Focus & Emotional Control
- Resilience & Determination
- Positive Mindset & Empowerment



BAR BENDING

Bend the Barrier. Build the Belief

The Bar Bending Challenge is a powerful motivational activity where participants attempt to bend a steel bar using focus, determination, technique, and mental strength under expert guidance. The challenge is designed to help individuals break mental barriers, overcome self-doubt, and discover their inner potential.

The activity highlights the importance of self motivation, confidence, resilience, and belief while demonstrating how mindset and focused effort can transform perceived limitations into achievement. It creates a strong sense of empowerment, courage, and personal accomplishment.

Key Outcomes

- Self Confidence & Courage
- Mental Strength & Focus
- Self Motivation & Determination
- Resilience & Positive Mindset
- Fear & Limitation Breaking
- Personal Empowerment & Achievement



BUILD A CITY CHALLENGE

Build Together. Grow Together

The Build a City Challenge is a creative and strategic team activity where participants collaboratively design and construct a model city using limited resources within a given timeframe. Teams are responsible for planning infrastructure, assigning roles, managing resources, and ensuring all sections connect effectively to create a functional and sustainable city.

The activity highlights the importance of self motivation, collaboration, ownership, and accountability while demonstrating how planning, communication, and collective execution contribute to building a successful shared vision. It encourages innovation, strategic thinking, and team alignment under dynamic conditions.

Key Outcomes

- Strategic Planning & Execution
- Team Collaboration & Coordination
- Ownership & Accountability
- Creativity & Innovation
- Communication & Alignment
- Problem Solving & Decision Making



GOLD MINE JOURNEY

Strategic Collaboration Challenge

A high-energy team activity where participants embark on a simulated Gold Mine Journey, working together to achieve a shared mission through planning, communication, and coordinated execution. As teams navigate challenges, manage limited resources, and respond to changing situations, participants must continuously collaborate, adapt, and support one another to reach collective success.

The activity highlights how strong teams succeed through trust, strategic collaboration, effective communication, and shared responsibility while balancing individual strengths with team objectives.

Key Outcomes

- Teamwork & Collaboration
- Communication & Coordination
- Strategic Thinking
- Problem Solving
- Leadership & Decision Making
- Adaptability & Resilience

 [Visit Website](#)

[WATCH VIDEO](#) 



LEGO TEAM BUILDING

Innovation Through Collaboration

A creative and collaborative team activity where participants work together to design and build structures using LEGO bricks while responding to specific goals, challenges, and time constraints. Teams must communicate effectively, align ideas, solve problems creatively, and coordinate their efforts to successfully bring their vision to life.

The activity highlights the importance of collaboration, innovation, communication, and shared decision-making in achieving team success while encouraging creativity, adaptability, and collective ownership.

Key Outcomes

- Teamwork & Collaboration
- Creative Thinking
- Communication & Coordination
- Problem Solving
- Innovation & Planning
- Leadership & Team Alignment
- Adaptability & Execution

 [Visit Website](#)

[WATCH VIDEO](#) 



BLIND SQUARE

Listen. Align. Achieve

The Blind Square Challenge is a communication and coordination activity where blindfolded participants work together to form a perfect square using a rope through verbal communication and teamwork. Teams must coordinate movements, listen carefully, and maintain alignment to complete the challenge successfully. Since participants cannot see one another, the activity demands strong trust, clarity, and collective problem solving throughout the process.

The activity highlights the importance of trust, communication, leadership, and collaboration under uncertainty while reinforcing active listening, patience, accountability, and team coordination.

Key Outcomes

- Communication Skills
- Team Alignment
- Trust & Collaboration
- Leadership Emergence
- Listening Ability
- Coordination



PYRAMID BUILDING

Strong Foundations Build Great Teams

The Pyramid Building Challenge is an engaging team activity where participants collaboratively design and build a stable pyramid structure using limited materials within a given timeframe. Teams must strategically plan, coordinate roles, and execute with precision to achieve both height and stability.

The activity highlights the importance of self motivation, teamwork, ownership, and accountability while demonstrating how strong foundations, alignment, and collective effort contribute to successful outcomes. It encourages participants to remain focused, adaptable, and solution-oriented under pressure.

Key Outcomes

- Team Coordination & Collaboration
- Planning & Execution Discipline
- Ownership & Accountability
- Problem Solving & Creativity
- Focus & Attention to Detail
- Communication & Alignment



F1 FORMULA CHALLENGE

Speed. Strategy. Synchronization

The F1 Formula Challenge is a high-energy team activity where participants design, build, and race a model Formula 1 car using limited materials within a fixed timeframe. Teams must collaborate on planning, innovation, role allocation, and execution while balancing speed, creativity, and performance.

The activity highlights the importance of self motivation, teamwork, accountability, and execution discipline while demonstrating how strategy, precision, and collective effort contribute to high performance and successful outcomes under pressure.

Key Outcomes

- Strategic Planning & Execution
- Team Coordination & Collaboration
- Creativity & Innovation
- Ownership & Accountability
- Problem Solving Under Pressure
- Focus & Performance Mindset



DRAGON SQUAD CHALLENGE

Move as One. Win as One

The Dragon Squad Challenge is a high-energy coordination activity where teams move together in synchronized formation to complete a series of movement-based tasks and obstacles. Participants must maintain rhythm, communication, balance, and collective coordination while operating as a single unit.

The activity highlights the importance of self motivation, teamwork, trust, and accountability while demonstrating how alignment, discipline, and collective effort contribute to successful execution. It encourages participants to stay focused, adaptable, and performance-driven under pressure.

Key Outcomes

- Team Coordination & Synchronization
- Communication & Alignment
- Self Motivation & Team Spirit
- Trust & Collaboration
- Focus & Execution Discipline
- Accountability & Collective Responsibility



BIG PICTURE CHALLENGE

Every Contribution Creates the Masterpiece

The Big Picture / Masterpiece Challenge is a creative collaboration activity where teams work on individual sections of a large artwork or visual concept without initially seeing the complete final image. Each team is responsible for designing and completing its section while ensuring alignment, creativity, and coordination with the larger collective outcome.

The activity highlights the importance of self motivation, ownership, accountability, and teamwork while demonstrating how individual efforts contribute to achieving a unified vision. It reinforces collaboration, communication, and alignment by showing how every small contribution plays a vital role in creating the final masterpiece.

Key Outcomes

- Team Collaboration & Alignment
- Ownership & Accountability
- Creativity & Innovation
- Communication & Coordination
- Vision Alignment & Collective Thinking
- Attention to Detail & Execution Discipline



DRUM CIRCLE

One Rhythm. One Team

The Drum Circle Challenge is an energetic and engaging team activity where participants create synchronized rhythms using drums and percussion instruments under guided facilitation. Teams must listen, align, and collaborate to maintain harmony, timing, and collective energy throughout the session.

The activity highlights the importance of self motivation, communication, teamwork, and emotional connection while demonstrating how individual contributions create a powerful collective performance. It encourages focus, creativity, collaboration, and positive team energy in a fun and immersive environment.

Key Outcomes

- Team Synchronization & Coordination
- Communication & Active Listening
- Self Motivation & Positive Energy
- Collaboration & Team Bonding
- Focus & Emotional Engagement
- Collective Performance & Alignment



PIPELINE CHALLENGE

Discipline Drives Success

Pipeline is a high-energy coordination and execution challenge where teams must transport an object from one point to another using only specially designed pipeline channels without dropping it.

The activity demands synchronization, planning, agility, adaptability, and collective accountability as participants continuously move, connect, and realign the pipeline to achieve the final goal.

Key Outcomes

- Team Coordination
- Communication Alignment
- Process Continuity
- Execution Discipline
- Strategic Planning
- Agility & Adaptability
- Trust & Accountability
- Role Clarity
- Problem Solving Under Pressure
- Continuous Improvement Mindset



DOMINO CHALLENGE

One Small Move Creates a Big Impact

The Domino Challenge is a high-energy coordination activity where teams collaboratively design and build a large-scale domino chain system. Each team manages a specific section of the chain while ensuring perfect alignment and smooth integration with the overall structure.

The challenge highlights the importance of focus, ownership, accountability, and execution discipline, as even a small error can interrupt the entire chain reaction. It demonstrates how individual responsibility, coordination, and collective effort contribute to achieving a successful shared outcome.

Key Outcomes

- Ownership & Accountability
- Self Motivation & Initiative
- Team Coordination & Alignment
- Planning & Execution Discipline
- Attention to Detail & Precision
- Collaboration & Collective Responsibility



MAZE ESCAPE

Labyrinth Challenge

A structured problem-solving activity where participants navigate an 8 × 5 labyrinth grid, with only a limited number of correct steps leading to the finish. One participant moves inside the maze while the team guides externally, creating a strong balance between individual action and team dependency.

The activity highlights how success depends on clear communication, trust, and collective alignment, where individual decisions are shaped by team inputs, bringing out the essence of independence and interdependence.

Key Outcomes

- Trust & Collaboration
- Effective Communication
- Influence without Authority
- Independence & Interdependence
- Alignment & Execution



MAGIC BALL

Dynamic Execution Challenge

A fast-paced, high-energy team challenge where participants work together to move and balance a “Magic Ball” through a series of evolving tasks and changing conditions. The activity demands quick thinking, seamless coordination, and adaptive execution as teams respond to unexpected twists while maintaining focus on the end goal.

The experience highlights how successful teams embrace change, innovate under pressure, and continuously improve their approach through collaboration, communication, and agility.

Key Outcomes

- Leading Change
- Innovation & Continuous Improvement
- Execution Excellence & Productivity
- Agility & Adaptability
- Collaboration & Coordination
- Strategic Problem Solving



MULTI BALL

Collective Coordination Challenge

A structured team-based activity where participants simultaneously manage multiple moving balls while working toward a shared objective under time and execution pressure. Success depends on coordination, communication, and synchronized team effort as individuals balance their own responsibilities while staying aligned with the larger team goal.

The activity highlights how high-performing teams achieve results through leadership alignment, collective focus, quick decision-making, and seamless cooperation.

Key Outcomes

- Goal Orientation
- Leadership Alignment
- Communication & Cooperation
- Decision-Making
- Coordination & Execution
- Team Synergy



BLIND MIND

Trust & Alignment Challenge

A powerful experiential activity where participants are blindfolded and guided by their team to complete a task or navigate a path. With no visual control, individuals must rely entirely on team communication, trust, and guidance, creating a deep sense of dependency and alignment.

The activity highlights how independent actions are shaped by collective inputs, making participants experience the true balance between independence and interdependence. It also brings out how influence emerges naturally through clarity, confidence, and trust—not authority.

Key Outcomes

- Goal Orientation
- Leadership Alignment
- Communication & Cooperation
- Decision-Making
- Coordination & Execution
- Team Synergy



KEYPUNCH

Precision & Coordination Challenge

A fast-paced team activity where participants must sequentially identify and execute numbered targets within a defined time limit while following specific rules and constraints. Success depends on focus, coordination, active listening, and disciplined execution as teams work together under pressure to achieve accuracy and speed.

The activity highlights how high-performing teams rely on clear communication, individual accountability, and collective coordination to deliver results with precision and consistency.

Key Outcomes

- Teamwork & Cooperation
- Clear Communication
- Active Listening
- Focus & Accuracy
- Individual Accountability
- Coordination & Disciplined Execution



CRACK THE CODE

Collaborative Intelligence Challenge

A structured problem-solving activity where participants work with fragmented information, hidden clues, and limited visibility to decode a final solution. Since no individual or team possesses complete information, success depends on effective communication, active listening, collaboration, and collective decision-making.

The activity highlights how teams achieve breakthrough results when individuals share information openly, influence without authority, and align their efforts toward a common objective despite constraints and uncertainty.

Key Outcomes

- Trust & Team Coordination
- Effective Communication
- Influence without Authority
- Independence & Interdependence
- Alignment & Collective Execution
- Problem Solving & Critical Thinking



COOLAMANDU

Coordination & Focus Challenge

A coordination-driven team activity where participants work together to align movements, synchronize actions, and achieve a common objective without direct control over the entire process. Success depends on focus, teamwork, observation, and the ability to adapt collectively while maintaining alignment under changing conditions.

The activity highlights how effective teams achieve results through coordinated effort, shared understanding, and collective problem-solving rather than individual dominance.

Key Outcomes

- Coordination & Focus
- Teamwork & Collaboration
- Collective Problem-Solving
- Alignment & Synchronization
- Communication & Cooperation
- Shared Accountability



DOMINO CHALLENGE

Alignment & Execution Challenge

A dynamic team activity where participants design and build a large-scale domino chain system, ensuring every section is accurately aligned for a successful final outcome. Since each team manages a different part of the chain, the overall success depends on precision, coordination, and seamless integration between teams.

The activity highlights how a small gap in planning, communication, or execution can impact the entire system, reinforcing the importance of collective accountability, alignment, and interdependence. It also demonstrates how individual efforts contribute to achieving a larger shared objective.

Key Outcomes

- Planning & Execution Discipline
- Team Coordination
- Attention to Detail
- Independence & Interdependence
- Alignment & Accountability
- Collaboration & Collective Ownership



ANGRY BIRD

Creative Strategy Challenge

A dynamic team activity where participants design, build, and execute creative solutions to achieve specific targets with precision and strategy. Teams must collaborate, experiment, and adapt their approach while balancing innovation with execution to achieve the desired outcome.

The activity highlights how successful teams combine creativity, strategic thinking, and collective problem-solving to overcome challenges and deliver results effectively.

Key Outcomes

- Creativity & Innovation
- Problem-Solving
- Teamwork & Collaboration
- Strategic Thinking
- Planning & Execution
- Adaptability & Coordination



SPIDER WEB CHALLENGE

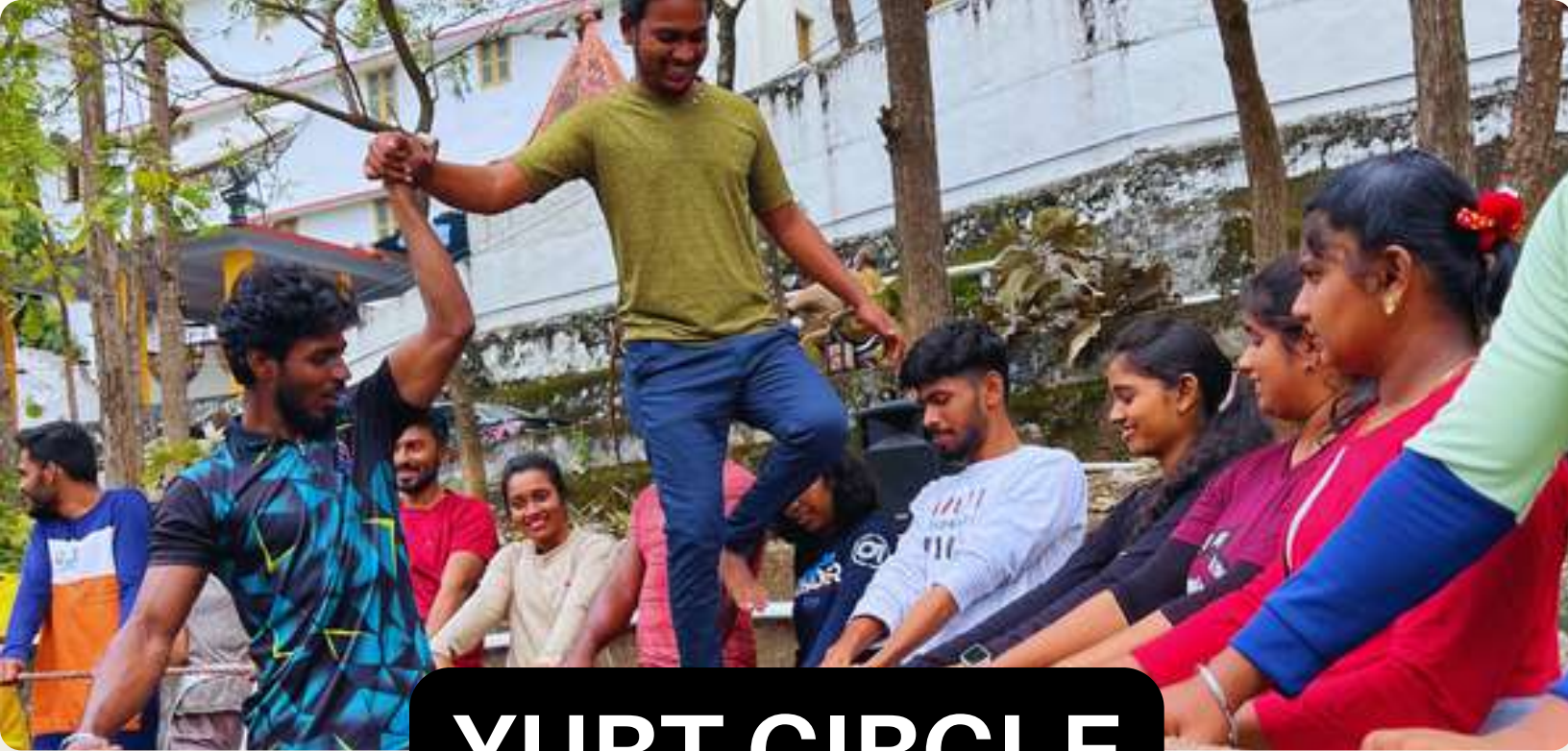
Every Move Needs Teamwork

The Spider Web Challenge is a physical coordination activity where teams must pass members through web-like openings without touching the structure. Teams must strategize, support one another, and manage movement carefully to complete the challenge.

The activity highlights planning, trust, collaboration, and collective execution while encouraging participants to think creatively and work together under constraints.

Key Outcomes

- Team Coordination
- Planning & Strategy
- Trust & Support
- Problem Solving
- Communication
- Collaboration



YURT CIRCLE

Trust & Mutual Support Challenge

A trust-based team activity where participants work in a synchronized circle structure, continuously balancing between leading and supporting one another to achieve stability and collective success. As roles shift dynamically, individuals must stay focused, coordinated, and responsive to the needs of the team.

The activity highlights how strong teams succeed when members build trust, maintain mutual support, and take shared responsibility for collective outcomes rather than individual performance.

Key Outcomes

- Trust Building
- Teamwork & Collaboration
- Coordination & Focus
- Mutual Support
- Collective Responsibility
- Alignment & Team Balance



TOXIC WASTE

Precision Under Pressure

Toxic Waste is a control-focused team challenge where participants coordinate roles, movements, and communication to safely achieve a shared objective under strict constraints. Teams must work with precision, maintain focus, and execute tasks carefully while adapting to changing situations and ensuring collective success.

The activity highlights the importance of coordination, role clarity, controlled execution, and disciplined teamwork in high-pressure environments.

Key Outcomes

- Coordination & Communication
- Strategic Planning
- Steady Control & Execution Discipline
- Problem Solving Under Constraints
- Focus & Team Alignment
- Collaboration & Collective Responsibility



STORYBOARD CHALLENGE

Self-Driven Teams Build Great Stories

The Storyboard Team Challenge is a creative collaboration activity where teams conceptualize, design, and present a visual story based on a given theme, business scenario, or organizational objective. Participants work together to structure ideas, develop creative flow, and communicate a meaningful message through visuals, storytelling, and presentation.

The activity encourages innovation, communication, planning, and collective thinking while highlighting the importance of alignment, creativity, and shared ownership in achieving a common goal.

Key Outcomes

- Creative Thinking & Innovation
- Team Collaboration & Coordination
- Communication & Idea Sharing
- Strategic Planning & Execution
- Problem Solving & Decision Making
- Leadership & Role Clarity



THE CONFIDENCE WALK

Trust Yourself. Lead Forward

The Confidence Walk is a trust and self-belief activity where participants navigate a guided pathway filled with obstacles and uncertainty. Individuals must rely on focus, awareness, and inner confidence while receiving support and encouragement from their team members.

The activity emphasizes overcoming fear, hesitation, and self-doubt while building emotional confidence and decision-making ability. It demonstrates the importance of trust, motivation, and positive reinforcement in achieving challenging goals.

Key Outcomes

- Self Belief & Confidence
- Focus & Emotional Control
- Trust & Encouragement
- Risk Taking Ability
- Courageous Decision Making
- Motivation Under Uncertainty



CROSS OVER CHALLENGE

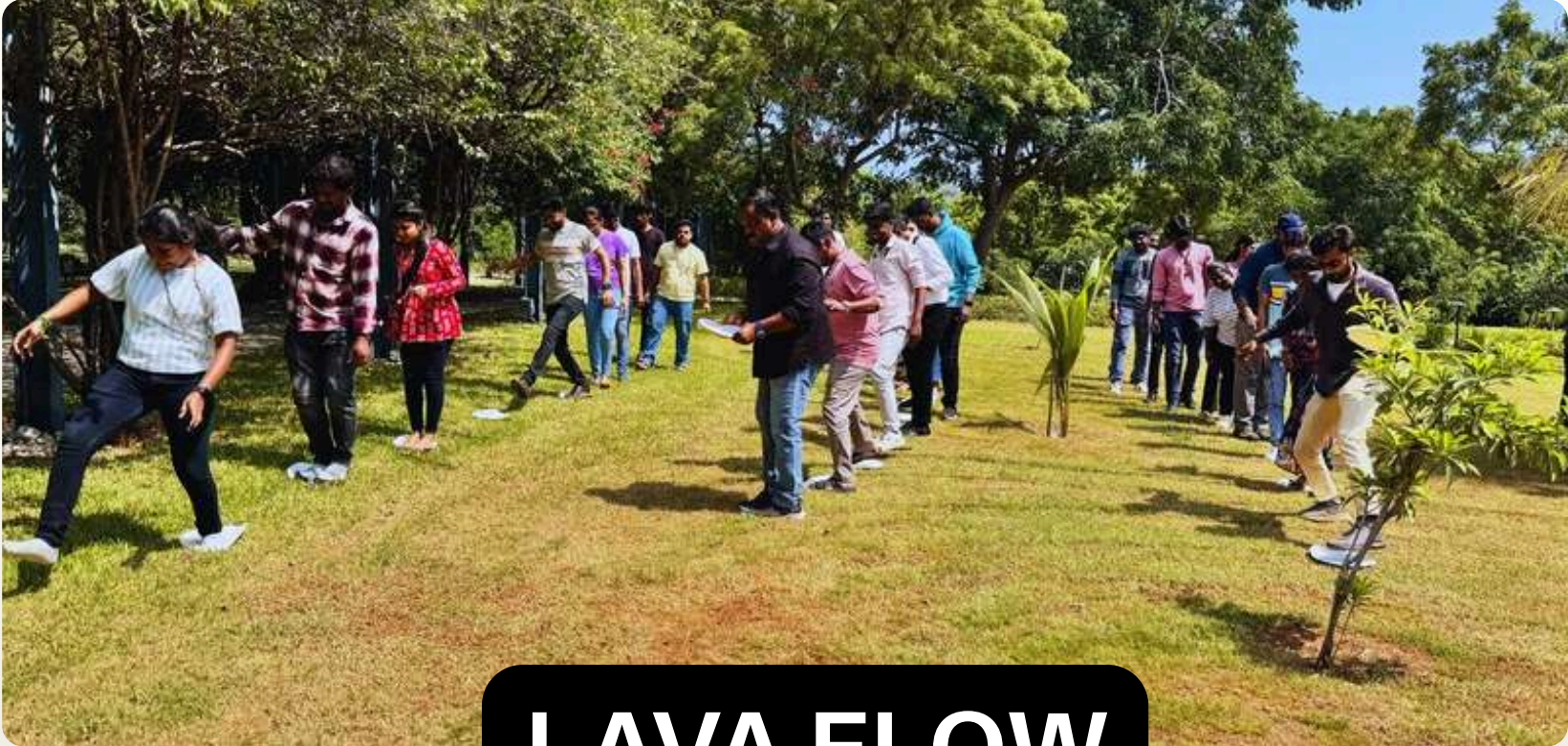
Move Together. Win Together

The Cross Over Challenge is a high-energy indoor activity where teams must strategically move participants or objects across restricted zones without breaking rules or flow. Success depends on planning, communication, and collaborative execution under time pressure.

The activity reinforces self motivation, team coordination, and accountability while encouraging participants to remain focused, proactive, and solution-oriented.

Key Outcomes

- Strategic Planning
- Collaboration & Coordination
- Accountability
- Problem Solving
- Focus Under Pressure
- Team Alignment



LAVA FLOW

Stay Focused. Move Forward

The Floor is Lava challenge is a fun, high-energy activity where teams must navigate across restricted zones without touching designated danger areas. Participants must strategically support one another while managing movement and balance.

The activity reinforces trust, collaboration, and adaptability while highlighting the importance of communication and team support.

Key Outcomes

- Team Coordination
- Strategic Planning
- Trust & Support
- Adaptability
- Focus & Balance
- Collective Execution



THE IMPOSSIBLE BRIDGE

Together, We Cross Every Challenge

The Impossible Bridge is a problem-solving and coordination activity where teams design and construct a temporary bridge structure using limited materials and resources. Participants must collaborate effectively while managing time, constraints, and execution challenges.

The activity highlights the importance of planning, communication, and confidence in overcoming complex challenges. It demonstrates how teamwork, accountability, and trust contribute to achieving seemingly impossible goals.

Key Outcomes

- Problem Solving
- Team Alignment
- Confidence Building
- Planning & Precision
- Accountability
- Leadership Emergence



PUZZLE CONNECT

Every Piece Completes the Picture

The Puzzle Connect Challenge is a collaborative indoor activity where teams solve interconnected puzzle segments that combine into one final solution. Each team must manage its section while aligning with the larger objective.

The activity demonstrates interdependence, accountability, and collaboration while reinforcing communication and strategic execution.

Key Outcomes

- Team Collaboration
- Accountability
- Strategic Thinking
- Communication Alignment
- Interdependence
- Problem Solving



MINEFIELD NAVIGATION

Trust the Process. Move with Precision

The Minefield Navigation activity requires teams to guide blindfolded participants safely across a marked obstacle field using only verbal instructions and communication cues. Success depends on trust, clarity, and focus.

The challenge demonstrates the importance of communication, leadership, and accountability while building confidence and trust within teams.

Key Outcomes

- Trust Building
- Communication Skills
- Leadership & Guidance
- Focus & Awareness
- Accountability
- Team Dependency



RAPID TOWER CHALLENGE

Build Fast. Build Smart

The Rapid Tower Challenge is an exciting indoor activity where teams construct the tallest and strongest structure using limited materials within strict timelines. Teams must strategize quickly while balancing creativity, stability, and execution.

The challenge promotes innovation, planning, and collaboration while reinforcing ownership, focus, and accountability.

Key Outcomes

- Creativity & Innovation
- Strategic Planning
- Collaboration
- Ownership & Responsibility
- Focus Under Pressure
- Execution Discipline
-

INVESTMENTS

Sl No	Investment Options	Value
1	Outbound Learning Program	₹
	Cost Includes: Outbound Learning Activities, All related Props & Materials for Activities, 2-Senior Trainer, 2-Support Trainers, Trainer Travel	
	18% GST Extra	

TERMS & CONDITIONS

- **GST:** 18% GST applicable extra.
- **Program Duration & Timing:** Timing can be customized based on client schedule and travel considerations.
- **Program Inclusions:** Outbound Learning Activities, All related Props & Materials for Activities, 2-Senior Trainer & 2-Asst. Trainers,
- **Payment Terms:** 70% Advance and balance Payable immediately after program completion.
- **Program Exclusions:** Participants Travel costs, Welcome Drinks, Sharing Accommodation, Hall, Open Lawn, Mid Morning Coffee / Tea with Cookies, Breakfast, Buffet Lunch, Dinner, Hi-Tea with 1-Veg Snacks, PA System with 2 Mic, Trainers Travel, Stay & Food, Any additional equipment or setup requested beyond the agreed scope.
- **Proposal Validity:** The above proposal and costing are valid for 30 days from the date of issue.